



GENERAL MEDICAL FORM

TO BE COMPLETED BY PARTICIPANT. PLEASE TYPE OR PRINT CLEARLY.

PRIVACY ACT: VA is asking you to provide the information on this form under USC, Chapter 5, Section 521 and Chapter 17, Section 1710. VA may disclose the information that you put on this form as permitted by law. VA may make a "routine use" disclosure of the information as outlined in the Privacy Act systems of records notices identified as 121VA19 "National Patient Databases - VA". Providing the requested information is voluntary. However, you will not be able to participate in the event without furnishing this information.

RESPONDENT BURDEN: The Paperwork Reduction Act of 1995 requires us to notify you that this information collection is in accordance with the clearance requirements of Section 3507 of the Paperwork Reduction Act of 1995. We may not conduct or sponsor, and you are not required to respond to, a collection of information unless it displays a valid OMB number. We anticipate that the time expended by all individuals who must complete this application will average 10 minutes. This includes the time it will take to read instructions, gather the necessary facts and fill out the forms.

| | | | |
|--|------------------|---|--|
| DATE | | VA MEDICAL CENTER NAME | |
| NAME (Last, First, MI) | | ADDRESS (Street, City, State, Zip Code) | |
| E-MAIL ADDRESS | | | |
| SOCIAL SECURITY NO. (Last 4 digits only) | DATE OF BIRTH | TELEPHONE NUMBER (Include area code) | |
| TEAM COORDINATOR/LEADER: | TELEPHONE NUMBER | E-MAIL ADDRESS | |
| In Case of Emergency, Notify (Name): | TELEPHONE NUMBER | RELATIONSHIP TO PATIENT | |

TO BE COMPLETED BY THE EXAMINING PHYSICIAN. PLEASE TYPE OR PRINT CLEARLY.

Dear Doctor: Your detailed exam of the participant will be very helpful to the medical assistance team. If an assistant completes the form, please countersign the exam.

| | |
|---|--|
| <p>DIAGNOSIS/TYPE OF INJURY</p> <p>DATE OF INJURY OR DIAGNOSIS _____</p> <p><input type="checkbox"/> SPINAL CORD INJURY (SCI)-LEVEL OF INJURY: _____ AIS: _____</p> <p><input type="checkbox"/> PARAPLEGIC <input type="checkbox"/> QUADRAPLEGIC</p> <p><input type="checkbox"/> MULTIPLE SCLEROSIS (MS)</p> <p><input type="checkbox"/> AMPUTEE</p> <p><input type="checkbox"/> HEAD INJURY</p> <p><input type="checkbox"/> OTHER (Please specify) _____</p> | <p>VA IDENTIFICATION CARD</p> <div style="border: 2px solid black; padding: 10px; background-color: #f0f0f0;"> <p>PLEASE ATTACH A COPY OF VA IDENTIFICATION CARD HERE</p> </div> |
|---|--|

MEDICATIONS (List relevant medications only. Please do NOT submit VA medications list)

If accepted to participate in the NVWG and your medical condition changes between now and the NVWG, it is your responsibility to check with your physician and modify your events as appropriate. The NVWG is a sports competition that requires physical exertion. For the best outcomes and your safety, you should be training to participate in your particular events. Please consult your physician or therapist for recommendations and assistance.

LAST NAME, FIRST NAME: _____

| PHYSICAL FORM | | | | | |
|--|--|-------------|--|--------------|--------------|
| WEIGHT | HEIGHT | LUNGS | HEART | SKIN | |
| OTHER FINDINGS | | | | | |
| PRESENT AND PAST MEDICAL HISTORY AND MAJOR OPERATIONS <i>(Diabetes, heart disease, hypertension, etc.)</i> | | | | | |
| IS THE PATIENT ON DIALYSIS?* <i>(Patient is responsible for setting up any dialysis treatment needed)</i> <input type="checkbox"/> YES <input type="checkbox"/> NO IS THE PATIENT ON A VENTILATOR? <input type="checkbox"/> YES <input type="checkbox"/> NO IS THE PATIENT ON ANTICOAGULANT DRUGS? <i>(If yes, which)</i> <input type="checkbox"/> YES <input type="checkbox"/> NO | | | | | |
| PHYSICIAN CLEARANCE In my opinion, the above individual is cleared to participate in the events they have indicated on their NVWG registration. | | | | | |
| PHYSICIAN INFORMATION <input type="checkbox"/> VA <input type="checkbox"/> NON-VA NAME OF EXAMINING PROVIDER <i>(Please print) (Check appropriate box)</i> <div style="text-align: right;"><input type="checkbox"/> MD <input type="checkbox"/> PA <input type="checkbox"/> NP</div> | | | NVWG AND/OR USQRA CLASSIFICATION CARD(S) | | |
| ADDRESS <i>(Street, City, State and Zip Code)</i> | | | <div style="border: 2px solid black; padding: 10px; background-color: #f0f0f0;"> <p>PLEASE ATTACH A COPY OF YOUR CLASSIFICATION CARD(S) <i>(See below)</i></p> </div> <p style="font-size: small; margin-top: 10px;">If applicable, please attach a copy (not the original) of you National Veterans Wheelchair Games, USQRA (quad rugby), and/or Wheelchair Sports, USA classification card above.</p> | | |
| SIGNATURE OF EXAMINING PROVIDER | | | | | |
| TELEPHONE NUMBER | | DATE | | | |
| May omit only if copy of current NVWG Classification card is provided. | | | | | |
| This section must be completed by someone familiar with direct muscle testing, i.e., a physician, physical therapist, kinesiologist, or occupational therapist. | | | | | |
| NEURO EXAM <i>(Manual muscle test, 0-5)</i> | | | | | |
| UPPER EXTREMITY | RIGHT | LEFT | LOWER EXTREMITY | RIGHT | LEFT |
| DELTOID | _____ | _____ | HIP FLEXION | _____ | _____ |
| BICEPS | _____ | _____ | HIP EXTENSION | _____ | _____ |
| WRIST EXTENSION | _____ | _____ | HIP ADDUCTION | _____ | _____ |
| WRIST FLEXION | _____ | _____ | HIP ABDUCTION | _____ | _____ |
| TRICEPS | _____ | _____ | KNEE FLEXION | _____ | _____ |
| FINGER EXTENSION | _____ | _____ | KNEE EXTENSION | _____ | _____ |
| FINGER FLEXION | _____ | _____ | DORSIFLEXION | _____ | _____ |
| FINGER ABD/ADD | _____ | _____ | PLANTARFLEXION | _____ | _____ |
| SITTING BALANCE <i>(Please check one)</i> | HANDEDNESS <i>(Please check one)</i> | | TRUNK <i>(0-5 scale)</i> | UPPER | LOWER |
| <input type="checkbox"/> NORMAL <input type="checkbox"/> FAIR | <input type="checkbox"/> RIGHT <input type="checkbox"/> LEFT | | ABDOMINALS | _____ | _____ |
| <input type="checkbox"/> POOR <input type="checkbox"/> NONE | | | SPINAL EXTENSORS | _____ | _____ |