



Safety Playbook

2023 NATIONAL VETERANS WHEELCHAIR GAMES
Portland, OR July 4-9, 2023

The following information applies to **ALL** participants attending the 2023 National Veterans Wheelchair Games (NVWG) in Portland, OR. For the 2023 NVWG, a participant is defined as a registered Veteran, caregiver, VA staff, non-VA staff, registered volunteer, sponsor or other stakeholder.

PRE-TRAVEL REQUIREMENTS

All participants **MUST** take a COVID-19 test within 24 hours prior to their arrival date at the 2023 NVWG. Both home tests (antigen tests) and PCR tests are acceptable forms of testing.

Testing negative for COVID-19 confirms you are safe to travel. Submitting verification is not required. **DO NOT travel to the 2023 NVWG if you test positive for COVID-19.** You will not be allowed admittance to the NVWG if COVID-19 positive.



If you are COVID-19 negative, but symptomatic or are not feeling well, **DO NOT** travel to the NVWG.

FACE MASKS REQUIRED

A well-fitting NVWG approved face mask must be worn over the nose and mouth at all times while indoors, to include when using NVWG transportation.

The only exception to wearing a mask indoors will be while actively participating in designated sports.

If your mask does not meet the standard of the NVWG medical team, you will be provided an appropriate mask.

Masking for outdoor events/activities is optional.



If participants cannot wear a face mask for any reason, they will not be able to participate in the in-person event, and NVWGatHome opportunities will be offered.

COVID-19 TESTING

You will complete a test on site **AT REGISTRATION** and **DAILY** throughout the event. You will not be allowed entry to the 2023 NVWG if you test positive for COVID-19 on this test.

All participants will be tested at the **Oregon Convention Center**.

During the 42nd NVWG, what if I test negative for COVID-19?

Participants with a negative test result on registration and at daily testing will receive color specific day wrist band and continue participating in NVWG activities.

What if I test positive for COVID-19?

All participants with a positive test result will be directed to an area they can isolate to reduce the potential for spread to other participants. The NVWG COVID Response Team will provide support and consultation for all participants for the duration of isolation.

ISOLATION

Any participant that tests positive will be immediately required to enter an isolation period, based on current recommendations from VA and the CDC, at the assigned hotel. Since a participant during an isolation period cannot leave their room, meals will be provided for the duration.

Participants will be responsible for making the necessary changes for their transportation back home and any incidental costs associated.

VACCINATION STATUS

Vaccination and up-to-date boosters are highly recommended, however, vaccination is **NOT** required for participation.

SAFETY SUMMARY

Please do your part to keep yourself and others safe. Your actions protect others, and their actions protect you.

NVWG COVID-19 Safety Playbook Quick Reference

COVID-19 Vaccination is highly recommended but not required for participation in 42nd NVWG.

Preparing for travel to Portland, OR - Beginning 10 days before your NVWG arrival date:

1. Stay healthy.
2. Practice physical distancing.
3. Avoid anyone who is ill or exhibits signs of illness.
4. Test negative for COVID-19 within 24 hours of your arrival day at the NVSSC.
5. If you have symptoms, waiting for results of test, or test positive for COVID-19, **DO NOT TRAVEL**.
6.  If you are symptomatic or not feeling well, please **DO NOT TRAVEL**.
7. Wear a mask during travel to avoid contracting COVID-19 during your travels.

While in Portland, OR

1. Wearing a face mask is required indoors and while on NVWG Transportation.
2. Outdoor masking is optional.
3. Avoid crowds and maintain physical distancing when possible.
4. Comply with all safety expectations listed in this Safety Playbook.
5. Give yourself extra time so you don't need to rush or crowd elevators.
6. Wash your hands with soap and water or use hand sanitizer frequently.

Returning Home

1. Wear a mask during travel.
2. Follow your local guidelines for COVID-19.
3. If you test positive for COVID-19 within 5 days of returning home, notify NVWG staff immediately.

For questions about this playbook, please contact Dave Tostenrude at david.tostenrude@va.gov.