

## National Veterans Wheelchair Games Educational Sessions

Tuesday, July 18, 2017

### Session 1

**11AM – Noon**

**Location:** Duke Energy Convention Center, Second Floor, Room 232-233

**Title: “Evaluation for Adaptive Sports Equipment – Expectation & Pitfalls”**

**Credit/hours:** 1 hour

**Program Description:**

Rehabilitation provider’s will gain knowledge and skills in the understanding Prosthetic and Sensory Aids Services policy related to issuance of adaptive sports and/or assistive technology equipment and the clinical evaluation and documentation necessary to support the issuance of equipment.

**Audience:** Rehabilitation Therapists / Providers

**Presenters:**

Bill Wenninger  
Rehabilitation Planning Specialist  
Rehabilitation and Prosthetic Services  
PM&RS Program Office VACO  
[Bill.Wenninger@va.gov](mailto:Bill.Wenninger@va.gov)

Ru Gakhar, DPT  
Clinical Program Manager  
Prosthetic and Sensory Aids Service  
Department of Veterans Affairs  
[Rupam.Gakhar@va.gov](mailto:Rupam.Gakhar@va.gov)

### Session 2

**4-5PM**

**Location:** Duke Energy Convention Center, Second Floor, Room 232-233

**Title: “Getting on Right Track with Your Health & Wellness!”**

**Credit/hours:** 1 hour

**Program Description:**

Attendees will learn how to integrate key features of My HealtheVet tools and features (Activity and Food Journals, HealtheLiving Assessment, and tracking and trending health metrics etc.) into clinical or daily practice to improve health outcomes. Keep track of exercise routines and food intake to help Veterans reach their personal goals and changes in habits over time. You will learn about the HealtheLiving Assessment, which is a Health Risk Assessment (HRA). Attendees will receive a personalized report which indicates one’s current health status and suggestions one can make to improve health and reduce risks of major diseases in the future.

**Target Audience:** Veteran Athletes, Caregivers, VA Coaches/Staff

**Presenter:**

Susan T. Haidary, M.Ed., LBSW  
National Stakeholder Manager, My HealtheVet  
VHA National My HealtheVet Program Management Office



Wednesday, July 19, 2017

**Session 3:**

**11AM – Noon**

**Location:** Duke Energy Convention Center, Second Floor, Room 232-233

**Title: “Community Partnerships & Adaptive Sports”**

**Credit/hours:** 1 hour

**Program Description:**

Attendees will develop skills and knowledge on:

- Partnering with community adaptive sports providers (how to find resources, types of support etc.)
- Training and education in adaptive sports (how and where to find opportunities, types of training, etc.)
- Adaptive sports equipment (and other types of) grants for Veterans (discussion around the VA grant program, who qualifies, and where community partners can help)

**Audience:** Veteran Athletes, Caregivers, Coaches/Staff,

**Presenter:**

BreAnne Podgorski,

Program Specialist,

Disabled Sports USA

451 Hungerford Drive, Suite 608, Rockville, MD 20850

P: 301.217.9842

F: 301.217.0968

